

## Comfort and Willingness Scale

'The following instrument was adapted from the *Family Therapist Comfort with and Willingness to Discuss Client Sexuality* by Steven M. Harris, Ph.D., and Kelli Wenner Hays, Ph.D. at Texas Tech University. Copyright 2008

For research related to this survey see:

Harris, S.M., & Hays, K.W. (2008). Family Therapist Comfort With and Willingness to Discuss Client Sexuality. *Journal of Marital and Family Therapy*, 34, 239-250.

### General Instructions

Please circle the following responses or fill in the blank with the appropriate information about you.

### Sexuality Discussions with Clients Scale

Every therapist has a system for assessing and initiating discussions about specific client problems. Please answer how much the following statements reflect your practice habits regarding the assessment and initiation of discussions on sexuality-related issues.

I **assess** for and **initiate therapeutic conversations** on:

	Never		Sometimes			Very Often	
	1	2	3	4	5	6	7
Sexually transmitted diseases/infections	1	2	3	4	5	6	7
Sexual dysfunction	1	2	3	4	5	6	7
Client satisfaction with their sexual life	1	2	3	4	5	6	7
Client sexual interaction pattern	1	2	3	4	5	6	7
Reproduction	1	2	3	4	5	6	7
Contraception	1	2	3	4	5	6	7
Sexual orientation	1	2	3	4	5	6	7
Sexual relationship enhancement	1	2	3	4	5	6	7
Non-consensual sex as victim	1	2	3	4	5	6	7
Non-consensual sex as perpetrator	1	2	3	4	5	6	7



Sexual Minority Clients	1	2	3	4	5	6	7
Client Ethnicity Difference from my own	1	2	3	4	5	6	7
Elderly Clients	1	2	3	4	5	6	7
Teenaged Clients	1	2	3	4	5	6	7
Pre-teenaged Clients	1	2	3	4	5	6	7
Physically Disabled Clients	1	2	3	4	5	6	7
Mentally Disabled Clients	1	2	3	4	5	6	7

Please indicate how comfortable you are or would be discussing sexuality issues in the following modalities:

	Very Uncomfortable			Somewhat Comfortable			Very Comfortable	
Individual	1	2	3	4	5	6	7	
Group	1	2	3	4	5	6	7	
Couple	1	2	3	4	5	6	7	
Family	1	2	3	4	5	6	7	
Supervision	1	2	3	4	5	6	7	

Please indicate your reactions to the following statements using the following scale:

	Strongly Disagree				Strongly Agree		
I respond openly and confidently when my sexual values are challenged.	1	2	3	4	5	6	7
I communicate effectively about sexuality.	1	2	3	4	5	6	7
I use sexual vocabulary which is							

appropriate to the situation.	1	2	3	4	5	6	7
I am sensitive to and respectful of others' feelings and anxieties towards sexual matters.	1	2	3	4	5	6	7
I encourage clients to explore their own sexual issues.	1	2	3	4	5	6	7
I encourage clients to explore their own sexual values.	1	2	3	4	5	6	7
I am not concerned about how I influence client sexuality.	1	2	3	4	5	6	7
I am confident in my knowledge about sexuality.	1	2	3	4	5	6	7
I appear poised in session when addressing sexual matters.	1	2	3	4	5	6	7
I find myself lacking respect for and feeling intolerant of others sexual values and practices.	1	2	3	4	5	6	7